



# International Summer School

**For Girls aged 8 to 17**



Heathfield  
Summer  
School





Set in 36 acres of  
tree lined grounds.

# WELCOME TO

AN EXCEPTIONAL EXPERIENCE FOR YOUR DAUGHTER

ACCREDITED BY THE BRITISH COUNCIL

## Heathfield International Summer School

For over 40 years we have provided high-quality summer courses in the English Language for International students with a wide range of fun packed academic and co-curricular activities alongside our UK Summer Camp girls. Since 1987 Heathfield Summer School has been accredited by the British Council and we are the only accredited all girls summer school in England.

It's not just our experience that counts, but our courses have been developed to provide the best all-round English educational experience possible for our participating students. Through the years Heathfield Summer School has grown in stature and reputation, having an enviable position in the heart of Berkshire with links to major places of cultural interest and heritage.

The school is positioned in 36 acres of tree lined grounds and has the facilities and resources necessary to provide everything our students need.

As an all-girls summer school, our students flourish in their environment, taught by an experienced and dedicated team of EFL teachers and activity staff, alongside professional coaches in sports and the arts.

We're truly confident that Heathfield is the number one choice for girls looking to improve their English, enjoy their activities and social time, and have a fantastic summer school adventure of a lifetime this summer!

We look forward to welcoming you to Heathfield!



# Academic Programme

Heathfield Summer School provides an excellent EFL general English programme with highly trained and experienced EFL managers and teachers. Our Director of Studies leads a fully effective and motivated team, tuned to the needs of each and every student. Lessons are taught by qualified, enthusiastic, inspiring and most importantly, committed teachers.

## Multicultural classes

Students enjoy multicultural classes with a 20-25% language cap on student enrolments to ensure a diverse and dynamic student community.

## Curriculum

The Curriculum is designed for students to get the most out of their English lessons, to provide a cohesive structure of study and so that all students get the same experience from their stay in Heathfield. The Curriculum is based on the following goals for our students:

We aim for our students to

- 1) **Learn** as much about Britain as they can during their time here.
- 2) **Develop** the language skills necessary to negotiate situations and problems in English during their stay.
- 3) **Improve** the English they already have and improve their language proficiency.
- 4) **Build their confidence**, not only as speakers of English, but as young people.

## Placement Testing

Students take a placement test the day after their arrival ensuring they've had enough rest from their travel day. They are then placed into appropriate classes according to their level and age following the common European framework of reference (CEFR).

Students attending Heathfield need to have a minimum of A1 Elementary level. We do not currently take beginners.

|                  |    |                    |
|------------------|----|--------------------|
| Basic user       | A1 | Elementary         |
| Basic user       | A2 | Pre-intermediate   |
| Independent User | B1 | Intermediate       |
| Independent User | B2 | Upper intermediate |
| Proficient User  | C1 | Advanced           |
| Proficient User  | C2 | Proficiency        |

## Overview

- Placement testing to ensure the most appropriate class.
- Class size maximum of 16 students.
- Average class size 12 students.
- 15 hours of General English classes
- Themed, enjoyable and engaging project classes.
- Reports and Certificates

**Embrace knowledge,  
for it fuels your  
boundless potential.**

Accredited by the



for the teaching  
of English in the UK



# Activities and Social Programme

Our activities and social programme is extensive, creative and fun!

We have a superb team with a wide variety of different skill sets, able to offer an extensive range of activities and social events throughout the summer. Activities are engaging and fun and in 2024 we are introducing an Academies programme ensuring students have an opportunity to focus on one specific chosen activity while still having the opportunity to take part in a great number of alternative extra-curricular activities throughout each week. Heathfield Summer school girls truly have fantastic options in front of them. Learning and practicing English continues outside of the classroom and is promoted throughout each and every activity.

Here is just a sample of what's on offer:

## Sport Options

- Swimming
- Volleyball
- Badminton
- Rounders
- Basketball
- Tennis
- Cricket
- Frisbee Golf
- Football
- Team Games
- Circle Games

## Performing Arts

- Acting
- Singing
- Dance (variety of disciplines)
- Physical Theatre

## Art and Creative Options

- Fine Art
- Photography
- Crafts
- Ceramics
- Cookery
- Soap Making
- Jewellery making
- Fashion Design

## Social Programme

- Discos
- Quizzes
- Festivals
- House Team Events and Games
- Talent Shows
- Fashion and Dance shows
- Evening trips to Cinema, 10 pin Bowling, Indoor Water Park

**Energize your spirit  
through joyful  
movement and activity.**



## Excursions

Heathfield Summer School is idyllically placed to offer a great number of fantastic destinations for our students to visit. Each year we travel to new locations while also organising excursions to the most popular destinations, including London!

We offer 3 trips each week.

- A full day excursion. (FD)
- A half day excursion. (HD)
- An evening excursion. (E)

In 2024 we are visiting the following places.

### Week 1

**Aqua Park**- Outdoors (HD) Seniors

**Coral Reef** – Indoor (HD) Juniors

**Portsmouth – HMS Victory & Gunwharf Quays** (FD)

**Cinema** (E)

### Week 2

**Windsor** – Sightseeing & Shopping (HD)

**London 1** –Thames River Cruise and sightseeing (FD)

**10 Pin Bowling** (E)

### Week 3

**Harry Potter Studio Tour** (HD)

**Brighton** – Sightseeing & Shopping (FD)

**Coral Reef** (Indoor swimming) (E)

### Week 4

**Hampton Court Palace** (HD)

**Oxford** – Punting and Natural History Museum (FD)

**Cinema** (E)

### Week 5

**Chessington World of Adventures** (Juniors) (HD)

**Thorpe Park** (Seniors) (HD)

**London 2** – St Paul's Cathedral and sightseeing (FD)

**Coral Reef** (Indoor swimming) (E)

Explore the world,  
find wonder in  
every new horizon.



**Sculpt reality with words,  
masterfully sway hearts  
and minds.**



## Academies

Academies offer our students the opportunity to focus on specific or varied disciplines, 2 to 3 afternoons each week.

The choices are extensive, and with professional tuition offered for many of our Academies, our students get the very best in a range of sports, leisure pursuits, creative activities and academic subjects.

It's another great opportunity to mix with different students from different backgrounds including our more senior UK Summer Camp students for certain Academies.

Each and every Academy will help students to develop their confidence in speaking and fluency. Depending on their chosen Academy, students receive between 1 to 2 hours of contact time, 2 to 3 times each week. Confirmation of contact time is stated in each sub-heading. Where appropriate, sessions will be split into Junior and Senior girls.

### Academic

Our Academic Academies are 3 hours each week. 2 x 1.5 hour sessions. Each Academy has one instructor per 12 students. For our Academic Academies, a minimum English level of B1 (intermediate) is required and are aimed at our senior girls of 13 +. Students who are deemed not to be at the correct English level having initially signed up for an Academic Academy, will join our Multi-Activity Academy.

### International Relations

To introduce students to the key themes and concepts at the heart of International Relations. To develop an understanding of key terms and concepts through specific and tailored modules.

### Creative Writing

To help students to explore, experiment, and find their writing voice. A key element of the syllabus is to ask the students to write in different genres. The course introduces students to the different writing genres, fiction and non-fiction, exploring the form and writing in some of the genres.

### Public Speaking and Presenting

To learn how to develop methods in structure and style of speaking and presenting. Build confidence and understand how to engage an audience.



## Sport

Our Sport Academies are held twice each week and vary from 1 to 1.5 hour sessions depending on travel (if off site) and type of Academy

### Tennis

#### Professional coaching for 2 x 1 hour sessions.

Managed by former GB Davis Cup player Danny Sapsford. All coaches are LTA accredited. All sessions are designed for small groups (no more than 4 players) of similar standards to gain maximum benefit. Players receive a comprehensive coaching programme including technical, and tactical sessions suitable for all ages and abilities.

### Water Sports

#### 2 x 1.5 hour sessions held at our local 'Horse Shoe Lakes'

Students take on the extremely popular sports of Paddle boarding and Kayaking, receiving a full safety briefing, skills instructions and most importantly the opportunity to have a lot of fun!

### Horse Riding

#### 2 x 1 hour sessions

Students are grouped according to ability. Sessions are held off site at our local riding school where there are great indoor and outdoor facilities so no matter the weather our students can continue with their lessons!

### Golf

#### 2 x 1 hour sessions

Improve your swing and technical ability, get expert advice from the coaches while you look to hone your skills in this increasingly popular sport.

### Multi Sports

If you want to try your hand at a range of sporting activities then the Multi Sports Academy is for you. We introduce you to some skill sessions in Hockey and Lacrosse while taking on popular team school sports traditionally played by girls at schools in the UK, including Netball, Rounders and Cricket. There's also the opportunity to play a long and varied list of sports but we can't do them all so available sports do change each week!

A great opportunity to increase your fitness levels and stay active.

**Fuel passion, conquer limits with relentless determination.**



# Creative

## Performing Arts

### 3 x 2 hour sessions

#### Led by our LAMDA and Musical Theatre Teacher

Our Performing Arts Academy offers experienced students the opportunity to expand and develop their performance and rehearsal techniques, whilst also allowing newcomers to the subject a chance to enjoy and explore a variety of classes in the creative and performing arts. Our experienced tutors will guide students through a programme of lessons and rehearsals which prepare them for a performance at the end of their week with us, in St. Mary's theatre.

## Cookery

Cookery courses are held in our very own cookery centre and offer our students the opportunity to learn the necessary skills required to prepare and cook a wide variety of foods.

### Dinner for Two – 3 x 2 hour sessions

With a real goal for achieving something special, our Cookery Academy provides our students the key skills in food preparation and cooking. The Dinner for two course takes you on a journey of learning specific skills to prepare tantalising starters, main courses and desserts. A skill you can take home and impress your family with!

### Baking and Decorating - 2 x 2 hour sessions

With a keen eye for everything sweet, this is a firm favourite for our students. Taking baking and decorating to the next level.

## Modern Dance

### Commercial pop dance/ street dance

#### 2 x 2 hour sessions

Bring your dance skills to the fore with this fun and energetic Academy. Improve your awareness on posture, rhythm and style. Work with our tutors to choreograph your very own performance.

## Photography

### 3 x 1.5 hour sessions

Working in our very own photography workshop with Heathfield's finest, you will explore the tools to take your photography skills to the next level. It's a fantastic opportunity to work with skilled photographers and explore ways in which some of the best pictures are captured by understanding shutter speeds and focusing modes. Create technically competent and creative photographs you can be proud of.

## Lino Printing

### 2 x 2 hour sessions

Create stunning artwork that is unique and special and will surely impress your folks back home. Learn the technical skills to make your linocut then how to print and display your very own work.

## Fine Art

### 2 x 2 hour sessions

Drawing and painting skills on different surfaces learning a variety of skills and techniques.

## Wellbeing and Mindfulness Academy

This new Academy is a fantastic opportunity to relax, unwind and be the real you, in a warm, friendly and encouraging atmosphere. The Academy provides opportunities for discussion and reflection and has the practical element of Reflexology and Yoga included. We cannot recommend this Academy enough!

**Creativity is  
intelligence  
having fun**

Albert Einstein



# A glimpse at what your daughter will be doing

## A Typical Day

|                |   |
|----------------|---|
| 07:15 to 07:45 | Students woken up by House Pastoral Staff who will ensure they are ready for the day ahead.   |
| 07:45 to 08:30 | Breakfast Students able to select from a wide selection of breakfast choices.   |
| 08:35 to 08:45 | Meeting in Main Hall. Useful meeting held to inform students of the plans for the day ahead.  |
| 08:45 to 10:40 | English Lessons begin.  |
| 10:40 to 11:15 | Main break and snack.   |
| 11:15 to 12:45 | English lessons / Project classes   |
| 12:45          | Lunch Students will be able to enjoy a full and varied lunch in the main school dining room.  |
| 14:00 to 16:00 | Afternoon Academies   |
| 16:00 to 16:45 | Break: Tuck shop open!  |
| 16:45 to 17:45 | Options: Students participate in a range of activities on offer from sports, including swimming to arts and crafts with our UK pupils |
| 17:45 to 18:30 | Break   |
| 18:30 to 19:15 | Dinner: Students can choose from a specially designed nutritious dinner menu.   |
| 19:15          | Meet in Main Hall before commencement of evening activities   |
| 19:30 to 21:30 | Evening Activity/ Social Events begin. A great way for students to get together through social evening activities.                    |
| 21:00 to 22:30 | Staggered bedtimes  |

## A Typical Week

|                | SUNDAY                | MONDAY                 | TUESDAY         |
|----------------|-----------------------|------------------------|-----------------|
| 07:45 to 08:30 | Breakfast (at 9am)    | Breakfast              | Breakfast       |
| 08:35 - 08:45  | Morning Meeting       | Morning Meeting        | Morning Meeting |
| 08:45 to 09:40 | Placement Tests       | Main Lesson            | Main Lesson     |
| 09:45 to 10:40 | Placement Tests       | Main Lesson            | Main Lesson     |
| 10:40 to 11:15 | Break                 | Break                  | Break           |
| 11:15 to 12:00 | Placement Tests       | Main Lesson            | Project Class   |
| 12:00 to 12:45 | Introductions         | Main Lesson            | Project Class   |
| 12:50 to 13:45 | Lunch                 | Lunch                  | Lunch           |
| 14:00 to 16:00 | House Team Activities | Afternoon Trip Windsor | Academies       |
| 16:00 to 16:45 | Break                 |                        | Break           |
| 16:45 to 17:45 | House Team Activities |                        | Options         |
| 17:45 to 18:30 | Break                 | Break                  | Break           |
| 16:45 to 17:45 | Dinner                | Dinner                 | Dinner          |
| 19:30 to 21:30 | Evening Activities    | Evening Activities     | Evening Trip    |

|                | WEDNESDAY           | THURSDAY                                    | FRIDAY          |
|----------------|---------------------|---|-----------------|
| 07:45 to 08:30 | Breakfast           | Breakfast                                   | Breakfast       |
| 08:35 - 08:45  | Morning Meeting     | Morning Meeting                             | Morning Meeting |
| 08:45 to 09:40 | Main Lesson         | Excursion                                   | Main Lesson     |
| 09:45 to 10:40 | Main Lesson         |   | Main Lesson     |
| 10:40 to 11:15 | Break               | London, Thames river cruise and sightseeing | Break           |
| 11:15 to 12:00 | Project Class       |   | Project Class   |
| 12:00 to 12:45 | Project Class       |   | Project Class   |
| 12:50 to 13:45 | Lunch               |   | Lunch           |
| 14:00 to 16:00 | Academies           |   | Academies       |
| 16:00 to 16:45 | Break               |   | Break           |
| 16:45 to 17:45 | House Team Build Up |   | Options         |
| 17:45 to 18:30 | Break               |   | Break           |
| 16:45 to 17:45 | Dinner              | Dinner                                      | Dinner          |
| 19:30 to 21:30 | House Sports Comp   | Evening Activities                          | Talent Show     |

### SATURDAY: ARRIVALS AND DEPARTURES

Orientation Games, Breakfast, Lunch, Dinner and Ice Breakers in House Teams



## Accommodation

Three, Comfortable, Cosy, On-Site Boarding Houses.

All boarding houses are fully secure with key card entry as standard. All our boarding houses are well supervised with a 'House Mother' in each house and dedicated pastoral staff, who not only assist in the houses but monitor our students throughout the day, ensuring they are continuously looked after.

### Main School

Our junior students (8-12/13 Yrs) stay in the main school dedicated boarding house. The youngest junior students live in shared dormitories and twin rooms. With the older junior students residing in single rooms. All the rooms have a wash basin as standard. All have shared shower rooms.

### Phoenix House

This house is used for our older junior students. The majority of the rooms are single with some twin rooms also available. All the rooms have a wash basin as standard. All have shared shower rooms.

### Wyatt House

Wyatt house is predominantly used by our senior students (14-17yrs). There are two kitchen areas in Wyatt house providing the seniors with a little more independence. All the rooms have a wash basin as standard. All have shared shower rooms.

# Accommodation and Catering

## Catering

Heathfield offers the very best in school catering provided by our contract caterers Thomas Franks Ltd.

Our catering team offer a unique, bespoke service which focuses on great food, locally sourced ingredients, and exceptional service. Food is at the heart of summer school life, particularly in a residential setting and nourishing students is paramount to everything our caterers set to achieve. We ensure our pupils enjoy freshly prepared and tasty food every day!

## Sample menu

### BREAKFAST

#### Hot breakfast

Sausage, mushroom, tomato, fried egg

—

#### pastry

Croissant

—

#### Everyday items

Daily smoothie

Natural yoghurt selection

—

#### Toast selection

White, wholemeal, granary and homemade breads, selection of jams, honey & spreads with bagels, muffins and crumpets

—

#### Cereal selection

Selection of high fibre & whole grain cereals

—

#### Fresh & Healthy

Fresh fruit, yoghurt bar

—

#### Porridge Bar

Freshly made porridge with a selection of toppings

### LUNCH

**Soup of the day,** homemade bread

—

#### Mixed Thali,

A selection of meat and vegetarian curry dishes to tantalize your taste buds, why not try a little of each?

Fresh salad bar

—

#### Fresh salad bar

—

#### Desserts

Chilled Vanilla Rice pudding pots, choice of fruit compote

Fresh fruit and yoghurt

### SUPPER

#### Dish of the day

Teriyaki grilled chicken breast, Teriyaki sauce

—

#### Vegetarian dish of the day

Hand rolled vegetable spring roll

—

#### Sides

Prawn crackers

Noodles with freshly

Stir-fried mixed vegetables

Egg fried rice

—

#### Fresh salad bar

—

#### Dessert

Lemon drizzle

Fresh fruit and yoghurt





**Master words, open doors  
to global connection  
and understanding.**



## English Enrichment 14+

Held in our magnificent Cadogan Sixth Form Centre in weeks 3 and 5, Heathfield Summer School offers our students at B1 level or higher, our English Enrichment Course (one week course). This course is aimed at furthering a students' knowledge with a global perspective.

*"Throughout the course we look at the evolution of women in society while developing key personal skills that will help you to establish yourself in our ever-changing society. Get ready to engage in thought provoking discussions, interactive activities, and practical exercises that will ignite your entrepreneurial spirit and elevate your English proficiency. We will also guide you in fostering mindfulness, a skill that empowers you to stay focused, manage stress and make well informed decisions".*

Saphina Millington English Enrichment 14+ director

Areas that may be covered include:

- Life skills
- Public speaking
- Conflict resolution
- Effective or assertive communication
- Self-confidence and self-respect
- Problem solving
- Critical thinking
- Creative thinking
- Networking and self-advocacy
- Goal setting and prioritising
- Building a global perspective
- Teamworking and teambuilding skills
- Self-reflection skills
- Debating
- Presentation skills
- Speeches
- Negotiation
- Providing constructive feedback
- Sharing and justifying opinions

The course includes workshops, talks, guest speakers, Team building games and Mindfulness sessions (including Reflexology and Yoga).

Our full day excursion to London includes a visit to a museum and a popular West End Theatre production. The planned theatre trip will be announced on our website in the new year.

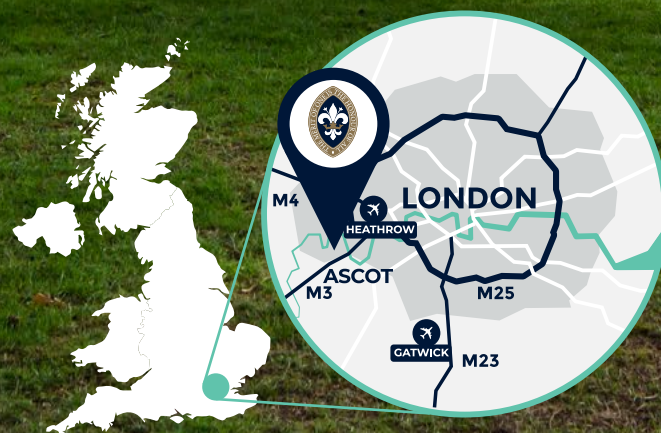
### Please note:

An online placement test is necessary prior to arriving at Heathfield to ensure participants are at the correct level of English. A participant must have attended at least one week of our general English course prior to attending English Enrichment 14+. Students must be 14 to 17 years old to attend this one-week course.

There is an extra course fee to attend English Enrichment 14+.



We look forward to welcoming your daughter.



CENTRAL LONDON  
1 hour

HEATHROW AIRPORT  
30 minutes

GATWICK AIRPORT  
1 hour

M3 MOTORWAY (J3)  
15 minutes

M4 MOTORWAY (J10)  
20 minutes

## Transfers and how to find us

Heathfield School is in a central location close to major motorway networks, rail connections and airports. The school is 9 miles from the M4 (J10) and 5 miles from the M3 (J3). We are 50 minutes by train from central London. Heathrow Airport is 30 minutes away and Gatwick airport is just 60 minutes by car.

### Arrivals and Departures

Escorted Transfers from and to London Heathrow are organised for students at an extra transfer fee cost, per student, per journey. Other airport destinations are available upon request, with a greater fee applied due to distance and time being taken into consideration.

Students are met by our friendly and experienced staff who will meet and greet, and accompany them back to Heathfield School. For departures all students are accompanied to the airport, checked in and remain in our care until seen through the security gates. We also assist all children travelling using the unaccompanied minors scheme.

**If you plan to make your own way.**

### By Car

From the M4 West, leave at junction 6 and follow the A332 towards Ascot. At the large roundabout junction with A329, take the 3rd exit towards Bracknell (London Road). Just after second traffic lights enter filter lane on right and turn into Heathfield School.

From M4 East, leave at junction 10 and follow A329(M) and A329 through Bracknell

towards Ascot. Heathfield School is just before the junction with the B3017 on the left-hand side of the road.

From the M3, leave at junction 3 and follow the A322 towards Bracknell. After 2 miles, take the right hand lane and follow the road towards Ascot. After another 2 miles where the road bends right, take a left towards Warfield and follow the road to the traffic lights. Turn left onto London Road and then immediately enter the filter lane on the right into Heathfield School.

For Sat Nav's please enter the following postcode: SL5 8BH.

### By Train

By Train Heathfield School is a 15 minute walk from Martins Heron train station. Exit the station through the car park and follow the road signposted to Ascot. Heathfield School is just before the junction with the B3017. Alternatively, arrive at Ascot train station where a short taxi ride will bring you to the School.

### By Bus

Buses can be caught from either Bracknell or Windsor.



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London Road, Ascot, Berkshire SL5 8BQ, United Kingdom